# Advanced Anti-aging Facial Kit

## by LaDore Labs & Skincare ( www.Ladore.me )

Content:

- **Peeling masque** – to peel off dead skin.
- **Scrub –** to take away peeled dead skin and to prepare blackheads extraction.
- **Pre-facial masque –** to loosen pores.
- **Peel-off masque -** to draw out blackheads.
- **After-facial masque** – deep moisturizing action
- **Serum –** cellular anti-aging action.
- **Collagen treatment** – 2 anti-aging collagen face sheets and 4 under-eye patches.
- **Plastic masque –** to be used for collagen treatment.

Instructions:

1. Wash face with a cleanser. Dry your face off.
2. Apply a VERY thin layer of **Peeling masque** on a clean, very dry face. Hands must be dry too when applying the masque. Leave it on for 20 minutes.
3. With circle motions QUICKLY and VIGOROUSLY rub off dead skin cells with DRY HANDS for 1-2 minutes. Use dry hands only. No water.
4. [On top of Peeling masque] apply **Scrub.** Keep rubbing off for another minute. Then wash it all off with a lot of warm water.
5. Put on **Pre-facial masque** mixture for 20 minutes. Rub vigorously for 10-20 seconds. Apply a hot towel to face for 5-7 minutes (replace with a hot one if cools down). Wash it off with hot water.
6. On a dry face, apply a thick layer of **Peel-off masque** on T-zone and areas w/ blackheads and bumps. Keep it on for 25-30 minutes, until completely dry. Then gently, but with a very fast motion, peel it off (gently by fast!) Clean your face with warm water.
7. Apply **After-facial masque** for 20 minutes. Wash off with warm water.
8. Apply **Serum**. Massage your neck and face for 10 minutes for more contoured, smoother skin:
    - Start at the base of the neck on the sides.
    - Work in upward and outward motions. Never pull down.
    - Massage the skin in circular motions upward, towards the jaw, up the sides of the face, and very gently around the eyes.
    - Keep your skin well-lubricated so that your hands easily glide across the face.
9. Apply **Collagen treatment**: Place eye patches under each eye and face sheets on the entire face, including under-eye area with patches. Secure with **Plastic masque**. Keep it on at least for one hour. Then take off Collagen and rub in the rest of the Serum.
10. Put on your night moisturizer.

Have A Question? Ask Us Anything! We Love to Hear From You.
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